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Paulson
Cross Country
Ski Trails

U14 - 5 Km. Race Loop

Teck Kootenay Cup
Sunday March 8, 2026

Viking Centre
Mud Lake Trailhead



32 Km. to Castlegar

Highway #3

Winterberry

Mud Lake

START

FINISH

Booty's Trail

Ben Shaw

Zig-Zag

Rossland-Paulson

Roller-Coaster

Legend

- Public Shelter
- Parking
- Survival Kit
- Toilet

Ski Trails - Ability Level

- Beginner
- Intermediate
- Advanced
- Untracked Trails

2.8 Distance between points in Kilometers

0 200 m

Map Scale (metres)

Route Profile

