

NEWSLETTER

KOOTENAY-COLUMBIA CCRR

Regular Office and Lending Library Hours

Monday: 9:00am - 4:30pm
Tuesday: 9:00am - 4:30pm
Wednesday: 9:00am - 4:30pm
Thursday: 9:00am - 6:30pm
Friday: 9:00am - 1:00pm
Saturday: 9:00am - 1:00pm



Upcoming Closures

** We are closed all Statutory Holidays

- Sat, Aug 2nd - Closed for BC Day Long Weekend
- Mon, Aug 4th - Closed for BC Day Long Weekend
- Thurs, Aug 14th - Closed from 4:30pm to 6:30pm
- Wed, Aug 20th - Closed from 12pm-2pm
- Sat, Aug 23rd - Closed for IncrEDIBLE Farmer's Market
- Thurs, Aug 28th - Closed from 4:30pm to 6:30pm
- Sat, Aug 30th - Closed for Labour Day Long Weekend

PROGRAM STAFF

Lacey Hill (she/her)
Danielle Lamoureux (she/her)
Kat Savard (they/she)
Christine Salanski (she/her)

250-364-2980
CCRR@trailfair.ca
2079 Columbia Ave Trail, BC

Helpful Links

ChildCareBC

Early Years BC

BC Early Years Hub

Kootenay Family Place

Licensing Direct

Family Action Network

**ECPN- Early Childhood Pedagogy
Network**

**COINS - Circle of Indigenous Nations
Society**

Metis Nations BC

ChildCare BC Bulletin

Out and About With the CCRR

Reflections on Materials, and Making Art

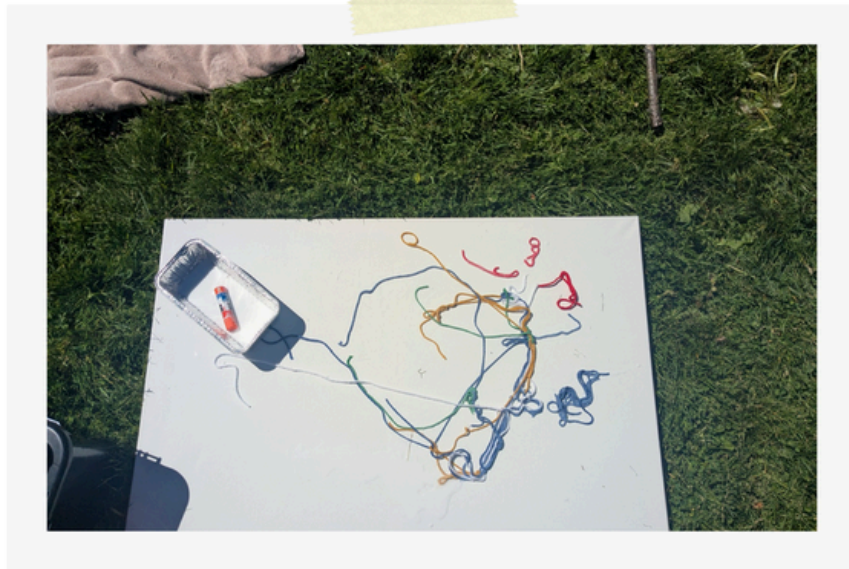
by Kat Savard

May 28, 2025

It began with four open, untouched canvas.

And then, we offered glue, and yarn.

And then, there was a place to wash our hands, all in a wide open field, with shade from the tents and trees around us.



At first, there was uncertainty. A level of caution, brought on by a unique dynamic of place, space, and time. Families with young children gathered, but because this project didn't have a clear outcome hesitation grew - questions of "What do we do here?" emerged, to which I responded with "Whatever you want."

Then came questions from the adults - "What are the materials?" - a simple answer, "Glue and yarn!" The children had fewer questions, but as if sensing their adults uncertainty, they too, held themselves back.

But the truth was, there were more than just glue and string around - leaves, sticks, grass, all of these pieces emerged as materials. There was water, to wash the sticky off our hands. There was the sun, there were the flowers, and there was the wind.



The string didn't stay on the canvases for long. In fact, one of the first things explored was the way the yarn moved through the grass, especially once it had gotten sticky with glue. Natural, unexpected inquiries emerged, like mixing our glue with the water bin - what happens when the two combine?

Then along came the sticks.

Some children were not fond of the sensory experience of the sticky glue. They began to look around the space, and discovered some branches laying around the space. Quietly, one boy began to push around the pieces of string on the canvas, watching how the strings, soggy with glue, moved around as he pushed.



The same child also began to discover that he could lift the string off of the canvas. He lifted the string a few times, watching as it dropped and "plopped" back onto the canvas with the weight of the glue. I noticed that it looked a lot like the child was fishing - I wonder if he thought the same?

As this day unfolded, I noticed that there was a clear separation in what the parent's expectations of the project was, and where the child's interests lay. When given the opportunity, the children engaged with this project in ways that were most meaningful to them - one child and I spend a good five minutes gathering and passing string to one another, with no other intentions than to share with one another. After a while, we realized, for the next piece of the project, it might be nice to have an open invitation to the parents, to assure them, that there is no misstepping with process art.

An Invitation

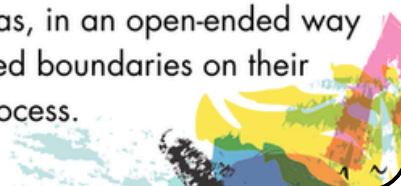
Please join the Kootenay-Columbia CCRR in engaging in our process art community project. This project welcomes ideas from all age groups. As this project evolves, it will be displayed in the CCRR office (2079 Columbia Ave. Trail BC), with reflections and documentations about our time creating together.

What is Process Art?

Process Art is a form of art that places emphasis on the creative journey of making art, rather than the outcome.

It is a free exploration and invitation to connect with materials, textures, colours, and each other, and due to its lack of outcome, gives room for new ideas to emerge.

Process art is of particular value in Early Years programming, as it allows room for young children to explore their own creative ideas, in an open-ended way that does not place enforced boundaries on their creative process.



To find out what happened (and is still happening) next, swing by the CCRR in Trail to learn more about the Canvas' journey through multiple events and offered materials.

Celebrating Connection and Growth: A Gathering of Early Childhood Educators

by Dani Lamoureux



This last spring, the Kootenay-Columbia CCRR and 15 Early Childhood Educators came together for a gathering in White Rock to reflect on our shared journey through the B.C. Early Learning Framework. This gathering marked the culmination of a two-year Community of Practice alongside Frog Hollow Neighbourhood House—an inspiring space where ideas were shared, relationships were built, and professional growth was nurtured.

During this large in-person session with many other Community of Practices from around British Columbia, we took time to unpack the principles and possibilities of the Early Learning Framework, delving into how it has shaped our thinking and practices over the past two years. Through thoughtful conversation, documentation sharing, and collaborative reflection, we recognized the depth of learning that has taken place—not only in our understanding of the framework, but in how we connect with children, families, and one another.

The gathering was more than just a closing; it was also a bridge to what comes next. The energy and insight that emerged from our time together sparked the beginning of a new Community of Practice, set to fully launch in September. With renewed curiosity and commitment, we look forward to continuing our learning journey—deepening our practice, exploring new ideas, and staying connected as a community of passionate educators. We are excited to come together to learn and grow as we expand our circle to and strengthen our regional community.

We are grateful to everyone who has been part of this journey so far and excited for what lies ahead.

Upcoming Opportunities - Families

Playtime in the Park



Come join us for our last Playtime in the Park!

Thursday, August 21st from 10am to 11am.
Join us for a fun summer wrap-up party at the spray park,
complete with treats and fun!

A FREE Drop-In Program from the Trail FAIR Society.
Join us at Trail Gyro Park for Playtime in the Park!
For ages 0-6.

For more info contact Sophie:
250-364-2326 ssstreleoff@trailfair.ca



Upcoming Opportunities - Families

MUFFINS & MUNCHKINS

Group runs every Wednesday from 10:00am - 11:30am at the FAIR Family Centre located at 1300 Pine Ave (basement of the Trail United Church). For ages 0-6 years old, come & meet with other parents & caregivers, access resources and have a coffee while your child plays. Snacks & drinks provided.

SEPTEMBER 17

**Our drop-in play group re-opens!
We can't wait to see you!**

SEPTEMBER 24TH

**Join us for play
time & fun!**

A FREE Program by:



**Please note the
programming time change!
10:00am - 11:30am**

For more info, please contact:

Sophie Biagioni, Family & Senior Services Manager
sstreleoff@trailfair.ca 250-364-2326 ext239

Upcoming Opportunities - ECE Professional Development



Monica Chan

Big feelings don't have to lead to big problems.

This workshop unpacks what emotional regulation actually looks like in young children—and how to support its development through everyday interactions. You'll learn why tantrums, tears, and impulsive behaviors are not only normal, but essential parts of growing up. Most importantly, you'll walk away with real strategies for helping kids move from emotional chaos to calm.

You'll walk away with:

- Developmental knowledge on how emotional regulation builds over time
- Tools to co-regulate with children and create safe emotional environments
- A renewed sense of patience and understanding for kids who "go big"

Ideal for early childhood educators, support workers, and anyone who wants to better support emotional development in young children.



Where: Via Zoom

When: Thursday, October 23rd/2025

Time: 6:00pm - 8:00pm

Monica Chan is a parent educator and early childhood specialist who helps parents and educators navigate the ups and downs of raising and working with young children through evidence-based tools, empathy, and practical insight.

Known for her warm, relatable approach, Monica bridges the gap between developmental research and real-life parenting and teaching. Her workshops leave participants feeling understood, inspired, and equipped to create more connected, collaborative relationships with the children in their care.

To sign up or for more information please email CCRR@trailfair.ca



ChildCareBC

Funding for the CCRR is provided by the Province of British Columbia.



Child Care Resource & Referral



Upcoming Opportunities - ECE Professional Development

Mental Health First Aid

Kootenay-Columbia CCRR is offering mental health first aid training for our Early Childhood Educators (ECEs), Early Childhood Educator Assistants (ECEAs), and Responsible Adults (RAs).

This two-day in-person course is designed to support the well-being of the children you care for, your colleagues, and yourself.

When: Thursday, September 11th and Friday, September 12th, 2025

Where: Trail FAIR Society – Board Room (2079 Columbia Ave, Trail)

Time: 8:30am-3:30pm both days

Cost: \$25

**while the CCRR is already subsidizing a portion of the cost of this course, if cost still remains a barrier, please reach out to us.

Please remember to bring your own lunch.
Coffee and a morning snack will be provided.

This evidence-based Mental Health First Aid Basic course has been proven to give participants:

- Confidence and skills to engage someone with an emerging mental health problem or in a mental health crisis
- Greater recognition of mental health problems
- Decreased stigma
- Improved mental health for themselves

**To sign up or for more information please email CCRR@trailfair.ca
Spaces are limited.**

Upcoming Opportunities - ECE Professional Development



**Do you prepare or serve food for children in your childcare setting?
Obtaining a Foodsafe certification can be incredibly beneficial!**

Kootenay-Columbia CCRR, in collaboration with Selkirk College, is offering a discounted rate for the Foodsafe Level 1 course.

Learn how to protect yourself and others from foodborne illnesses. Foodsafe Level 1 is a comprehensive training program for students, workers, supervisors, and operators in food services. In this course you will learn about basic safe food handling practices and earn a 5 year certificate.

When: Saturday, October 18th/2025

Where: Selkirk College - Trail Campus (900 Helena St, Trail)

Time: 8:30am to 4:30pm

Cost: \$35

****while the CCRR is already subsidizing a portion of the cost of this course, if cost still remains a barrier, please reach out to us.**

Please remember to bring your own lunch.
Morning snack will be provided.

**To sign up or for more information please email CCRR@trailfair.ca
Spaces are limited.**



ChildCareBC



Child Care Resource & Referral



Funding for the CCRR is provided by the Province of British Columbia. www.gov.bc.ca/ChildCareResourceReferralCentres

Upcoming Opportunities - ECE Professional Development



Early Child Care Directors

Quarterly Meeting Group

Are you a director, owner or manager looking for support and guidance?

Do you often feel isolated in your role?

Do you have questions about Employment Standards and HR practices?

Join us quarterly in a new group designed to connect ECE management teams with others in similar roles, and to community resources.

First meeting details:

When: Tuesday, October 21st/2025

Time: 11am - 1pm

Where: TBA

Lunch will be provided.

To register or for more information, please email the CCRR at ccrr@trailfair.ca

Don't forget to mention any dietary requirements!



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Child Care Resource & Referral

www.gov.bc.ca/ChildCareResourceReferralCentres



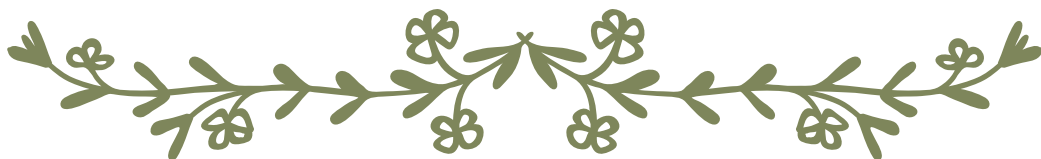
Full August/September Closure Schedule



Upcoming CCRR Schedule Changes September 2025

- Mon, Sept 1st - Closed for Labour Day long weekend
- Thurs, Sept 11th - Closed from 4:30pm-6:30pm
- Wed, Sept 17th - Closed from 12pm to 2pm for staff meeting
- Sat, Sept 20th - Closed for Trail IncreDIBLE Farmer's Market**
- Sat, Sept 27th - Closed for an Educator Workshop
- Tues, Sept 30th - Closed for National Day for Truth and Reconciliation

**Come visit Kat and Dani at the Trail IncreDIBLE Farmer's Market from 10am – 2pm on the Esplanade and see what our canvases have been up to!



Stay Tuned!

**Building Beautiful Babies
will return in September!
Stay tuned for further
updates!**

**Follow us on Facebook for
future updates!**

CCRR -

[https://www.facebook.com/profile.php
?id=61567137055044](https://www.facebook.com/profile.php?id=61567137055044)

Trail FAIR Society:

[https://www.facebook.com/TrailFamily
AndIndividualResourceCentreSociety](https://www.facebook.com/TrailFamilyAndIndividualResourceCentreSociety)